



You're the one in control

Not all long-term care (LTC) coverage is the same. In fact, some policies and riders can be so complex and restrictive that you end up with more hassle and less control than you bargained for.

Reimbursement plans — which represent a large portion of stand-alone policies — require bills and receipts to be submitted each month to the insurance company in order to receive benefits. Then, the insurance company reimburses the exact amount of qualifying charges up to the maximum amount allowed. And remember, just because the charge is on a bill doesn't mean it's qualified to be reimbursed.

For example, a doctor's visit to a patient in a nursing home to treat the flu would not qualify for reimbursement because it's a medical expense — not a long-term care expense. Home improvements enabling the insured to stay at home while receiving home health care may not be covered either.

That's where Nationwide® comes in

A permanent life insurance policy from Nationwide offers you the life insurance you need, along with optional cash indemnity long-term care coverage. With this benefit style, you never need to submit monthly bills or receipts (although they may be needed to establish the claim). Once the insured qualifies for a claim and meets the 90-day elimination period, Nationwide simply sends a benefit check to the policyowner each month.

How does it work?

- The Long-Term Care Rider II benefit is paid tax free to the policyowner on a monthly basis
- The maximum monthly benefit is the lesser of: the amount based on the acceleration percentage elected of the LTC specified amount; twice the Health Insurance Portability and Accountability Act (HIPAA) per diem in the year of claim (\$370 in 2019) times 30 days; or $\frac{1}{12}$ th of the maximum lifetime LTC benefit remaining after a policy loan
- Any benefit not used will be paid to the beneficiary as an income tax-free death benefit; it can even be an estate tax-free benefit with proper planning
- Even if all the death benefit is used for long-term care expenses, there is a minimum death benefit guarantee of 10% of the original death benefit amount — so there is always some money left to help with final expenses or debt (this feature is not available in New York or the Virgin Islands)

When choosing a product, make sure that life insurance and long-term care insurance needs are met. Be sure to choose a product that meets long-term life insurance needs, especially if personal situations change — for example, marriage, birth of a child or job promotion. Weigh the costs of the policy, and understand that life insurance, and long-term care coverage linked to life insurance, has fees and charges that vary with sex, health, age and tobacco use. Riders that customize a policy to fit individual needs usually carry an additional charge.

Approval for coverage under the life insurance policy and attached rider is subject to underwriting and may require a medical exam.

All guarantees and benefits of the insurance policy are backed by the claims-paying ability of the issuing insurance company. They are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them makes any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

See the difference for yourself

	Reimbursement plan	Cash indemnity plan
Procedure for filing a claim	<ul style="list-style-type: none"> File the claim Complete the eligibility period 	<ul style="list-style-type: none"> File the claim Complete the eligibility period
Collecting monthly benefit	<ul style="list-style-type: none"> Collect bills and receipts for the month and send them to the insurance company Wait to see which bills qualify for reimbursement Entitled to the lesser of qualifying expenses or the maximum monthly benefit (some plans reimburse the facility or service while other plans reimburse the policyowner for bills already paid) Separately pay for nonqualifying bills Repeat this process each month 	Receive a check for the maximum monthly benefit (or less if you want to extend the benefit period)
What's covered?	<ul style="list-style-type: none"> Only bills for qualified long-term care services 	Choose the care that works for you ¹ : <ul style="list-style-type: none"> Home health care Assisted living Adult day care Family care (receive care from people you already know and trust by paying a family member or friend to care for you)² Alternative LTC services LTC coverage options developed in the future Nursing home care Hospice
What's not covered?	Any expenses not specific to qualified long-term care services, such as: <ul style="list-style-type: none"> Medical care Doctor visits X-rays and tests Prescription medicine Massage therapy 	Once qualified, receive monthly long-term care benefit payments to use without restrictions from Nationwide ¹

Keep in mind that, as an acceleration of the death benefit, the Long-Term Care Rider II payout will reduce both the death benefit and cash surrender values. Make sure life insurance needs will still be met, even if the rider pays out in full. Costs for long-term care vary by person, and there is no guarantee the rider will cover all long-term care costs. Nationwide pays long-term care benefits to the policyowner. If the insured is not the policyowner, there is no guarantee that benefits will be used to pay for long-term care. The Long-Term Care Rider II has an additional charge associated with it. A life insurance purchase should be based on the life policy and not optional riders or features. The cost of a rider may exceed the actual benefit paid under the rider. Nationwide pays benefits to the policyowner.

The amount of tax-free LTC benefits that may be received, cumulative of all LTC policies owned on an individual insured, is the greater of the HIPAA per diem in effect for the given year of claim or actual LTC costs incurred. Any amounts collected in excess of this formula will be taxed as ordinary income. Nationwide and its representatives do not give tax advice, so please consult your attorney or tax advisor for answers to specific questions. Product features — including benefits, exclusions, limitations, terms and definitions — may vary by state.

The Long-Term Care Rider II is not available in all states. In states where it is not yet approved, our original Long-Term Care Rider is available. The Long-Term Care Rider II does have exclusions, limitations, reductions of benefits and terms under which the rider may be continued in force or discontinued. For more details on cost and coverage options, contact your financial professional.

Your coverage under the Long-Term Care Rider II is guaranteed renewable. This means that Nationwide will not unilaterally cancel or reduce coverage under this rider. Unless you request termination of this rider, it will remain in force as long as the policy remains in force. Your monthly LTC Rider II charge rate cannot increase beyond the maximum stated in your policy. However, Nationwide has the right to increase your current monthly LTC Rider II charge rate, up to the guaranteed maximum monthly LTC Rider II charge rate. Any change in the current monthly LTC Rider II charge rate will be on a uniform basis for insureds of the same sex, issue age, product, rate type and rate class whose policies have been in force for the same duration.

The financial professional or company may contact you in response to your request for additional information.

The information contained herein was prepared to support the promotion, marketing and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.



Take control of your future
Ask your financial professional today for more information.

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value

¹ Benefits may be taxable under certain circumstances. Consult your tax advisor.

² The plan of care prepared by your U.S.-licensed health care practitioner must state that care from family or other informal caregivers is appropriate. Products are issued by Nationwide Life Insurance Company or Nationwide Life and Annuity Insurance Company, Columbus, Ohio. Nationwide, the Nationwide N and Eagle and Nationwide is on your side are service marks of Nationwide Mutual Insurance Company.